

**IN THE CLAIMS**

Please change the whole section as follow:

--What I claim as my inventions are:

5. Form-correcting shoes (including boots, sneakers, slippers and sandals) designed so that when a man wears these shoes and stands straight on a flat ground, his heels are as high as the soles and the body weight does not fall on the toes as he stands straight on a flat ground on his bare feet with the toe intentionally and completely lifted up, so that he automatically gets the condition that all skeletal muscles are in equally alert, the backbone is fixed to the pelvis, and the upper arms are fixed to the shoulders; and, when he walks or runs the body weight automatically does not fall on the toes as he walks or runs on his bare feet with the toe intentionally and completely lifted up.
6. Shoes (including boots, sneakers, slippers and sandals) as claimed in claim 5, characterized by having the heel and sole parts of the shoe sole are at the same height and one step significantly higher than the toe part, together with having the base surface of the toe part curved up from the ground, so that when a man wears these shoes and stands straight on a

flat ground, his heels are as high as the soles and the body weight does not fall on the toes; and, the body weight automatically does not fall on the toes when he walks and runs.

7. Shoes (including boots, sneakers, slippers and sandals) as claimed in claim 5, characterized by having the heel and sole parts of the shoe sole are at the same height and without the shoe sole under the toes, so that when a man wears these shoes and stands straight on a flat ground, his heels are as high as the soles and the body weight does not fall on the toes; and, the height of the shoe sole is high enough so that the body weight automatically does not fall on the toes when he walks and runs.
8. Insole pads used to change the structures of the shoes (including boots, sneakers, slippers and sandals) originally different from those of shoes as claimed in claim 5 to the same structures as the shoes as claimed in claim 5, so that when a man wears these shoes with the above insole pads and stands straight on a flat ground, his heels are as high as the soles and the body weight does not fall on the toes; and, the body weight automatically does not fall on the toes when he walks and runs.